

NOVEL CORONA VIRUS INFECTION PREPAREDNESS AT THE PORT OF MOMBASA

This is to bring to your attention of the Port Health requirement for vessels that have called at ports in China in the past 14 days and crew/passengers who travelled to mainland China in the past 14 days.

- All vessels arriving from mainland China must fill the Maritime Declaration of Health form stating the health status of the crew. In additions, they should send in advance or not less than 24hrs before arrival the crew list and voyage memo for the purpose of getting details of the crew and movement of the vessel for the last 14 days respectively and a valid ship control/exemption certificate.
- Any vessel with a crew showing signs and symptoms including:
 - Respiratory symptoms
 - Fever
 - Cough
 - Short of breath (difficult breathing)

should be reported in advance by the master of the vessel so as to make prior arrangement to board the vessel for screening at high seas before the vessel is allowed entry into the port.

- Vessels from other areas and where the master has not reported any form of illness on board shall not be subjected to screening.

Prevention of Novel Corona Virus infection - Human to human transmission

- Covering of mouth and nose
- Avoid close contact with those who are sick
- Use medical masks and PPE in health care settings
- Hand washing

Preventive measures

- Wash your hands often with soap and water for at least 20 seconds especially after going to the washrooms, before eating and after blowing your nose, coughing or sneezing.
- If soap and water are not readily available use an alcohol based hand sanitizer with at least 60% alcohol.
- Always wash hands with soap and water if hands are visibly dirty
- Avoid touching your eyes, nose and mouth with unwashed hands
- Avoid close contact with people who are sick
- Stay at home when you are sick
- Cover you cough or sneeze with a tissue then throw the tissue in the thrash
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

The four vessel documents i.e

- Maritime Declaration of Health form
- Crew list
- Voyage memo
- Valid ship control/exemption certificate

Should be submitted to Port Health Office – Kilindini Sea Port, Mombasa via email – phealthkil@yahoo.com

For more information and clarification contact the Officer in charge mobile – 0727 852278

Capt. William K. Ruto
General Manager Operations & Harbour Master